



# MINI Malkia

## ANC PACKAGE

Safe Mother • Healthy Baby • Royal Care

### 6 KEY STEPS FOR A HEALTHY PREGNANCY



5 ANC CONSULTATIONS



5 ULTRASOUND SCANS



LAB SCREENING



HEALTH EDUCATION



NUTRITION & BIRTH PREP COUNSELLING



MUM & BABY FOLLOW-UP



**1<sup>ST</sup> VISIT**

**EARLY PREGNANCY BOOKING**

RECOMMENDED: AS SOON AS PREGNANCY IS CONFIRMED

**SERVICES**

- Booking and clinical history
- BP and weight check
- Antenatal profile
- Nutrition counselling
- Fatal viability & location scan

**PURPOSE**

To confirm pregnancy, assess mother's health, rule out early risks, and start with an ANC follow-up.

**2<sup>ND</sup> VISIT**

**12 WEEKS REVIEW**

RECOMMENDED: AROUND 12 WEEKS

**SERVICES**

- BP check
- Urine test
- Fetal anomaly scan
- Health education

**PURPOSE**

To monitor early pregnancy progress and detect possible fetal or maternal concerns early.

**3<sup>RD</sup> VISIT**

**20-24 WEEKS REVIEW**

RECOMMENDED: 20-24 WEEKS

**SERVICES**

- Clinical review
- BP and weight check
- Urinalysis
- OGTT
- Health education

**PURPOSE**

To assess fetal development, screen for pregnancy diabetes, and continue maternal wellness support.

**4<sup>TH</sup> VISIT**

**26-28 WEEKS REVIEW**

RECOMMENDED: 26-32 WEEKS

**SERVICES**

- BP and weight check
- Urine check
- Fetal growth scan
- Birth preparedness counselling
- Sickle and death counselling

**PURPOSE**

To monitor baby's growth, prepare the mother for delivery, and support safe breastfeeding planning.

**5<sup>TH</sup> VISIT**

**36-38 WEEKS FINAL PREPARATION**

RECOMMENDED: 36-38 WEEKS

**SERVICES**

- Presentation check
- Delivery plan
- Danger signs review
- Final preparation counselling
- BPP scan

**PURPOSE**

To confirm baby's position, assess readiness for delivery, and prepare the mother for live delivery costs delivery care.

**MINI PACKAGE: 40,000KSHS**



**PAYMENTS:**

**BOOKING 35%**

**20 WEEKS 35%**

**32 WEEKS 30%**



**BEFORE DELIVERY - PAYMENTS AT 100%**



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*Because every womann deserves exceptional care*

